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## CLAIMS

What is claimed is:

1. A method of optimizing the pacing mode and inter-site delay configuration of a dual chamber  
5 pacemaker of the type having means for sensing atrial depolarization events, means for sensing ventricular depolarization events and means for applying cardiac stimulating pulses selectively to the right, left or both ventricular chambers at a plurality of sites at  
10 predetermined delay intervals following detection of atrial depolarization events, comprising the steps of:
- (a) tracking a patient's intrinsic atrial depolarization events;
  - (b) measuring the patient's atrial cycle length  
15 (ACL) between successive atrial depolarization events over a first predetermined number of heart beats,  $N_1$ , a first set of inter-site delay intervals and storing the measured ACLs as an array in a memory to establish a baseline  
20 value;
  - (c) changing at least one of one or more inter-site delay intervals and pacing mode configuration s for a second predetermined number of heart beats,  $N_2$ , less than the first predetermined  
25 number of heart beats by changing
    - (i) the delay interval of the pacemaker between successive sites from the baseline value to a different delay interval;
  - (d) measuring the patient's ACLs between successive  
30 atrial depolarization events over the second

predetermined number of heart beats and storing the measuring ACLs in the array in said memory;

(e) calculating and storing an ACL feature value obtained from the patient's atrial cycle length measured in steps (b) and (d);

(f) repeating steps (a)-(e) in iterative cycles over a range of inter-site delay intervals;

(g) after step (f) for each pacing mode inter-site delay configuration calculating the average of the ACL features over all of the occurrences of the configuration;

(h) determining the optimal configuration from among the averages determined in step (g); and

(i) setting the inter-site delays and pacing mode configuration of the pacemaker to the optimal inter-site delays and pacing mode configuration established in step (h).

2. The method of claim 1 wherein the ACL feature value is calculated by the steps of:

(j) smoothing the array of ACLs;

(k) determining from the smoothed array of ACLs a maximum value and a minimum value in a first predetermined interval measured in beats for each inter-site delay and pacing mode configuration;

(l) determining from the smoothed array a mean value of ACLs in a second predetermined interval measured in beats for each inter-site delay and pacing mode configuration;

- 5 (m) computing an absolute value of the difference  
between said maximum value and said mean value  
and computing an absolute value of the  
difference between said minimum value and said  
mean value;
- 10 (n) comparing the absolute value of the difference  
between the maximum value and the mean value  
with the absolute value of the difference  
between the minimum value and the mean value to  
determine which is the larger; and
- 15 (o) setting the ACL feature value to the difference  
between the maximum value and the mean value  
when the absolute value of that difference is  
greater than the absolute value of the  
difference between the minimum value and the  
mean value, and setting the ACL feature value  
to the difference between the minimum value and  
the mean value when the absolute value of the  
20 difference between the maximum value and the  
mean value is less than or equal to the  
absolute value of the difference between the  
minimum value and the mean value.

3. A method for optimizing delay intervals between  
pacing sites and pacing mode configuration of a  
25 programmable dual chamber cardiac pacemaker of the type  
having means for sensing atrial and ventricular  
depolarization events, including a microprocessor-based  
controller for using a plurality of sites for selectively  
stimulating the right, the left or both ventricular  
30 chambers with pacing pulses at predetermined delay

intervals following detection of atrial depolarization events, the microprocessor-based controller having means for determining atrial cycle lengths and a memory for storing data in an addressable array, comprising the

5 steps of:

- 10 (a) storing in the memory a listing of pacing mode and inter-site delay configurations, each such configuration specifying ventricular chamber(s) to be stimulated and inter-site delay intervals to be utilized;
- 15 (b) pacing the ventricular chamber(s) in accordance with a pacing mode inter-site delay configuration selected randomly from said listing for a first number of beats,  $N_1$ , following a second number of intrinsic beats,  $N_2$ , sufficient to establish a base line;
- 20 (c) repeating step (b) for each pacing mode and inter-site delay configuration contained in the listing;
- 25 (d) determining the ACL values between each of the  $N_1$  and  $N_2$  beats resulting from steps (b) and (c) and storing said ACL value in the addressable array in the memory;
- (e) repeating steps (b) through (d) a predetermined number of instances,  $N_3$ ;
- 30 (f) smoothing the array of ACLs;
- (g) determining for all  $N_3$  instances of each pacing mode and inter-site delay configuration the maximum value of the smoothed ACLs in a first interval beginning after a change to the first

number of beats  $N_1$  and ending after a change to the second number of beats,  $N_2$ , and a minimum value of the smoothed ACLs in a second interval beginning a predetermined number of beats prior to a change from the  $N_2$  beats to the  $N_1$  beats and ending with the beat associated with the maximum value;

(h) computing a smoothed ACL feature as the difference between the maximum value and the minimum value;

(i) calculating the mean value of the smoothed ACL features computed in step (h) over the  $N_3$  instances for each pacing mode inter-site delay configuration and determining the configuration yielding the largest mean value;

(j) determining among the  $N_3$  instances associated with the configuration yielding the largest mean value a median value and a maximum value of smoothed ACL features; and

(k) programming the pacemaker to the configuration determined in step (i) when the difference between the ratio of maximum value and the median value is less than a predetermined value.

4. The method of claim 3 and when the ratio of maximum value and the median value of smoothed ACL features is greater than or equal to the predetermined threshold value, repeating steps (i) and (j) after recalculating the mean of the instances of the configuration associated with the largest mean value of

smoothed ACL features after removing the instance having the maximum value of smoothed ACL features from the instances.

- 5        5.    A method of optimizing the inter-site delay and  
pacing mode configuration of a dual chamber pacemaker of  
the type having means for sensing atrial depolarization  
events, means for sensing ventricular depolarization  
events and means for applying cardiac stimulating pulses  
selectively to a plurality of sites at locations selected  
10    the right, left or both ventricular chambers at  
predetermined inter-site delay intervals following  
detection of atrial depolarization events, comprising the  
steps of:
- 15        (a)    tracking a patient's intrinsic ventricular  
depolarization events;
  - 20        (b)    measuring the patient's ventricular cycle  
length (VCL) between successive ventricular  
depolarization events over a first  
predetermined number of heart beats,  $N_1$ , and  
storing the measured VCLs as an array in a  
memory to establish a baseline value;
  - 25        (c)    changing at least one delay interval and pacing  
mode configuration by changing, for a second  
predetermined number of heart beats,  $N_2$ , less  
than the first predetermined number of heart  
beats,
    - (i)    one or more inter-site delay intervals of  
the pacemaker from the baseline value to a  
different delay interval;



each inter-site delay and pacing mode configuration;

- 5 (l) determining from the smoothed array a mean value of VCLs in a second predetermined interval measured in beats for each inter-site delay and pacing mode configuration;
- 10 (m) computing an absolute value of the difference between said maximum value and said mean value and computing an absolute value of the difference between said minimum value and said mean value;
- 15 (n) comparing the absolute value of the difference between the maximum value and the mean value with the absolute value of the difference between the minimum value and the mean value to determine which is the larger; and
- 20 (o) setting the VCL feature value to the difference between the maximum value and the mean value when the absolute value of that difference is greater than the absolute value of the difference between the minimum value and the mean value, and setting the VCL feature value to the difference between the minimum value and the mean value when the absolute value of the difference between the maximum value and the mean value is less than or equal to the absolute value of the difference between the minimum value and the mean value.
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7. A method for optimizing inter-site delay  
30 intervals and pacing mode configuration of a





- 5 (f) smoothing the array of VCLs;
- (g) determining for all  $N_3$  instances of each pacing mode and inter-site delay configuration the maximum value of the smoothed VCLs in a first interval beginning after a change to the first number of beats,  $N_1$ , and ending after a change to the second number of beats,  $N_2$ , and a minimum value of the smoothed VCLs in a second interval beginning a predetermined number of beats prior to a change from the  $N_2$  beats to the  $N_1$  beats and ending with the beat associated with the maximum value;
- 10 (h) computing a smoothed VCL feature as the difference between the maximum value and the minimum value;
- 15 (i) calculating the mean value of the smoothed VCL features computed in step (h) over the  $N_3$  instances for each pacing mode inter-site delay configuration and determining the configuration yielding the largest mean value;
- 20 (j) determining among the  $N_3$  instances associated with the configuration yielding the largest mean value a median value and a maximum value of smoothed VCL feature; and
- 25 (k) programming the pacemaker to the configuration determined in step (i) when the difference between the ratio of maximum value and the minimum value is less than a predetermined value.



in relation to said upper rate limit and said lower rate limit; and

- (c) making dynamic inter-site delay interval adjustments to optimize the interval based on a linear relationship between the delay interval between adjacent pulses in the right and left ventricles and the VCL or ACL, wherein said inter-site delay interval is adjusted between maximum and minimum values in said range of allowable delay intervals.

10. The method according to claim 9 wherein said adjustments are made on an on-going basis.

11. A method for optimizing atrioventricular delay, comprising:

- (a) tracking an intrinsic performance parameter of patient's heart;
- (b) measuring a performance parameter over a first predetermined number of heart beats,  $N_1$ , a first set of inter-site delay intervals and storing the measured performance parameter as an array in a memory to establish a baseline value;
- (c) changing at least one of one or more inter-site delay intervals and pacing mode configuration for a second predetermined number of heart beats,  $N_2$ , less than the first predetermined number of heart beats by charging

- (i) the delay interval of the pacemaker  
between successive sites from the baseline  
value to a different delay interval;
- 5 (d) measuring the patient's performance parameter  
between successive atrial depolarization events  
over the second predetermined number of heart  
beats and storing the measuring performance  
parameter in the array in said memory;
- 10 (e) calculating and storing an performance  
parameter feature value obtained from the  
patient's performance parameter measured in  
steps (b) and (d);
- (f) repeating steps (a)-(e) in iterative cycles  
over a range of inter-site delay intervals;
- 15 (g) after step (e) for each pacing mode inter-site  
delay configuration calculating the average of  
the performance parameter features over all of  
the occurrences of the configuration;
- (h) determining the optimal configuration from  
20 among the averages determined in step (f); and
- (i) setting the inter-site delays and pacing mode  
configuration of the pacemaker to the optimal  
inter-site delays and pacing mode configuration  
established in step (g).
- 25 12. A method, as in Claim 11, wherein the performance  
parameter is selected from the group consisting of  
ventricular volumes, blood flow velocity, total acoustic  
noise, and direct measurement of pressure..

*Add a.i.*